CHAPTER FOUR

Sonam Yudon

FOLK KNOWLEDGE AND TECHNOLOGY

4.1. TRADITIONAL MEDICINE

- Medicinal Ingredients
- Methods of Diagnoses and Treatment

4.2. LOCAL HEALING PRACTICES

- Healers treating through Physical Observation
- Healing based on Textual Sources
- Healers diagnosing or treating in a State of Trance
- Non shamanistic ritual healers belonging to Oral and Popular Tradition
- 4.3. HEALING PRACTICES & LOCAL HERBS
- 4.4. INDIGENOUS METEOROLOGY
- **4.5. INDIGENOUS ARITHMETIC**

4.6. ASTROLOGICAL KNOWLEDGE

4.7. INDIGENOUS MEASURING UNIT

- Measurement of Weight
- Measurement of Time

- Measurement of Length and Distance
- Measurement of Area
- Measurement of Volume

4.8. FOLK BELIEFS AND SUPERSTITION

- Signs and Omens
- Beliefs and Superstition concerning flowers
- Beliefs and Superstition on Animals
- Beliefs and Superstition concerning Pregnant Women
- Beliefs and Superstition on Children
- Beliefs and Superstition concerning Human Body Parts
- Beliefs and Superstition on Days
- Beliefs and Superstition about Dreams

4.9. HOUSEHOLD & KNOWLEDGE OF ECONOMY

4.10.TRADITIONAL FOOD AND BEVERAGES